

Littleton Regional Healthcare
Education & Staff Development Department
600 St. Johnsbury Road
Littleton, NH 03561
603-444-9303

March 11, 2016

Dear PEARS Participant:

On behalf of the LRH American Heart Association authorized Training Center and NCNEC, welcome to the PEARS Provider Course to be held in Conference Rooms 1 & 2 at Littleton Regional Healthcare on **April 21, 2016**.

The PEARS Provider Course is designed to teach you lifesaving evaluation and intervention skills. These skills can be used in both the in-hospital and out-of-hospital settings. Because the PEARS Provider Course covers an extensive amount of material in a short time, you will need to prepare for the course beforehand.

Pre-course Requirements

You should prepare for the course as follows:

1. **BLS competency:** Be prepared to pass the 1- and 2-Rescuer Child BLS with AED Skills Test and 1- and 2-Rescuer Infant BLS Skills Test. You will not be taught how to do CPR or how to use an AED during the course. You must know this before you take the PEARS Course. The resuscitation scenarios require that your BLS skills and knowledge are current. One way to prepare is to take the BLS for Healthcare Providers Course. Another way to prepare is to review and understand the 2010 BLS guidelines, especially as they relate to the pediatric patient. You may find this information in the BLS for Healthcare Providers Student Manual or other publications based on the 2010 AHA Guidelines for CPR and ECC (see www.heart.org/cpr).
2. *PEARS Systematic Approach: Be familiar with the PEARS Systematic Approach Algorithm and PEARS Systematic Approach Summary. You will need to know these thoroughly to be able to successfully participate in case discussions and case simulations. They are located in the PEARS Provider Manual and on the PEARS Pocket Reference Card.*
3. **Supplement your knowledge:** Review and understand the information in the PEARS Provider Manual. Pay particular attention to the PEARS Systematic Approach, the “evaluate-identify-intervene” sequence, and the management of respiratory and circulatory problems.
4. **Course agenda:** Review the course agenda and note course activities where you might need to supplement your knowledge before attending the course.

Bring your PEARS Manual to class.

We hope that you will find this course an enjoyable learning experience. Please make the most of this course by arriving well prepared. If you have any questions, please contact me at (603) 444-9303 or email me at cflores@LRHCares.org.

Sincerely,

Catherine Flores RN, PhD
Director: Education & Staff Development
Littleton Regional Healthcare